

WELCOME TO OCTOBER AT MEDICINE HAT COLLEGE!

As the leaves turn into a patchwork of reds and oranges and the air gets that delightful crispness, October brings a burst of vibrant energy to our campus. This month is packed with exciting events, important initiatives, and endless opportunities to connect, learn, and have fun!

We're kicking off October with **Academic Awareness Week**, your one-stop shop for all the resources you need to ace your studies. Think of it as a brain-boosting buffet! Following that, we'll dive into **Mental Illness Awareness Week**, because taking care of our minds is just as important as hitting the books.

Thanksgiving is just around the corner, giving us a chance to stuff ourselves with gratitude (and turkey, of course). Don't miss out on the excitement of our **Pingpong Tournament**, time to show off your skills and take home the ultimate bragging rights!

We'll also celebrate **United Nations Week**, where we'll explore global issues and cultural diversity with activities and discussions that are as eye-opening as they are fun. And keep your eyes peeled for our spooky **Halloween** surprises, you never know what tricks (or treats) we have up our sleeves! Stay tuned for all the latest updates, and let's make this October one for the books!

IMPORTANT DATES:

October 1-4, 2024

Academic Awareness

October 7-11, 2024

Mental Illness Awareness Week

October 10, 2024

World Mental Health Day

October 14, 2024

Thanksgiving Day
(College Closed)

October 15-18, 2024

Pingpong Tournament

October 21-25, 2024

United Nations Week

October 31, 2024

Halloween Heist



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SEE YOU THERE! |



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STUDENT COUNCIL REPRESENTATIVE ELECTION RESULTS

MEET OUR NEWLY ELECTED 2024-2025 STUDENT COUNCIL REPRESENTATIVES

Thank you to everyone who participated in the 2024/2025 SAMHC Council Election! The results are in:
336 students voted, but 6 ballots were spoiled, leaving 330 valid votes.



Victor Cheserem

Yes: 61.9%
No: 38.1%



Maria Solorzano

Yes: 52.1%
No: 47.9%



Som

Yes: 51.2%
No: 48.8%



Samuel Gordon

Yes: 56.8%
No: 43.2%

Harmanpal Singh

Yes: 48.8%
No: 51.2%

Silas Johnston

Yes: 45.2%
No: 54.8%

Congratulations to our successful candidates: Victor, Maria, Som, and Samuel! To Harmanpal and Silas, thank you for your participation.

We will be looking to fill two vacant council positions in the coming week. Please note that unsuccessful candidates from this election cycle are ineligible to apply. If you're interested in becoming a Council Representative, stop by the SA office or email us to pick up an appointment package. The deadline for submission is October 11, 2024, at noon.

Student Council Representatives are responsible for engaging actively with students. These individuals listen to you, the students, and bring your ideas, complaints, and praises to SAMHC. Student Council Representatives work with the SAMHC Executive Team to ensure organizational goals are being met and that student voices are being heard.

Our annual AGM is Wednesday October 16 @ 4PM in the Crowfoot Room and all students are invited to attend! This is a great opportunity to learn more about the Students' Association and discuss the organization's performance and concerns. See you there!



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MEDICINE HAT COLLEGE CLINIC

At the Medicine Hat College Clinic, your well-being is our priority. Whether you're battling a pesky cold, or need a routine checkup, make an appointment online. Your health should never take a backseat on the priority list!

—CLINIC HOURS—

Monday: 9:30-3:30 (closed 12:30-1:30)
Tuesday: 8:30-3:30 (closed 12:30-1:30)
Wednesday: 8:30-3:30 (closed 12:30-1:30)
Thursday: 12:00-6:30 (closed 3:00-4:00)

**CLOSED FRIDAYS, HOLIDAYS AND
ALL MHC BREAKS**



Scan the QR code to complete the new patient registration form or find additional clinic information

www.mhcollegeclinic.com

Go to: www.mhcollegeclinic.com, then:

1. Complete the online registration form
2. Watch for a booking link from "Madeo Health"
3. Lastly, Book an Appointment!

- All patients need to complete the online registration before being able to book an appointment.
- Registration forms are reviewed 2-4 times during the posted clinic hours only. They are NOT reviewed outside of posted clinic hours.
- Once your registration is approved, you will receive an email from "Madeo Health" with a link to create a profile and activate your booking privileges.
- If you do not receive a link within 1 open clinic day, please DON'T come to the clinic to inquire as I am seeing patients. If it is an emergency, call 911. Otherwise, you can leave a voicemail at (403) 502-8437 stating your name and that you have not received a booking link. I will call you back.

FREE SOUP WEDNESDAY

Chaplain George of the Interfaith Centre is serving up FREE soup every Wednesday at noon, while supplies last. Come early and enjoy a warm, hearty meal!



Warm up with a cup of hot chocolate or coffee and a tasty snack while connecting with your peers every Wednesday from 10 AM to 12 PM in F155. Don't miss out on the mid-week boost and great conversations!

JAVA WITH GEORGE



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CLUB CORNER

We've received packages from **5** awesome clubs so far! If you're interested in joining any of these clubs or starting your own, reach out to VP External Angelica Sayo at SA_External@mhc.ab.ca. We'd love to help you get involved!



ENACTUS



SOCIAL WORK
STUDENT CLUB



BASKETBALL
CLUB



CASE CLUB



LAUGH LOFT



SPIKERS



EUS



SEMM



CHESS CLUB



UNDERGRADUATE
NURSING SOCIETY



SCIENCE AND
ENGINEERING
UNDERGRADUATE
SOCIETY (SEUS)



SMASHERS

YOUR PLAN IS ACTIVE!



We've got some fantastic news to kickstart your month! The Health and Dental Plan is now officially active, courtesy of your Students' Association.

If you're on the plan, you now have access to a range of comprehensive health and dental benefits to keep you in tip-top shape.



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DEAL ZONE

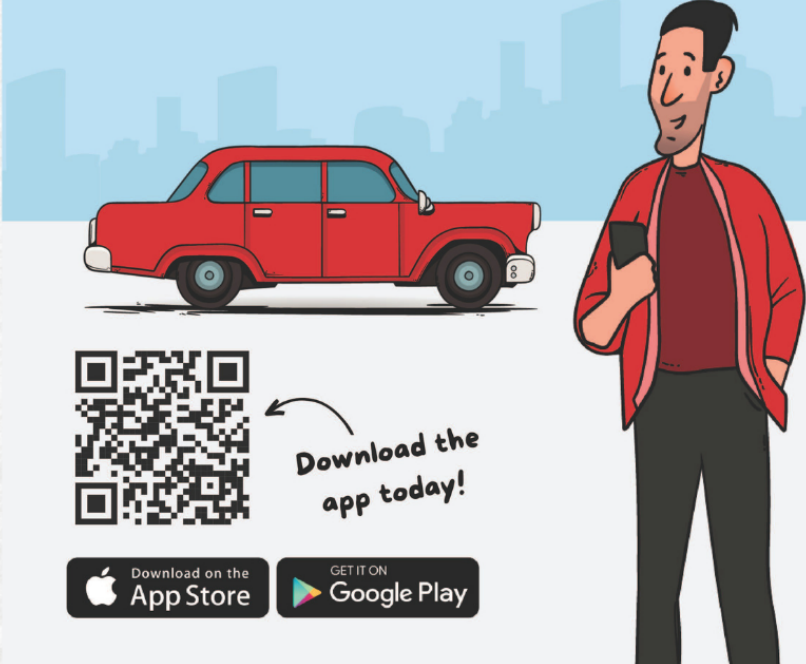


SAMHC WORKS CLOSELY WITH BUSINESSES IN THE COMMUNITY TO PROVIDE VARIOUS EVENTS AND SERVICES TO OUR STUDENT BODY, HERE ARE SOME OF THE PARTNERSHIPS WE'VE DEVELOPED:





Book A Ride From Your Phone





Download the app today!





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